

lachele

AESTHETICS & WELLNESS

Facial Waxing Post Treatment Instructions

Your skin may be slightly pink, warm, or sensitive immediately after waxing. This is normal and should typically calm down within a few hours.

For the First 24 Hours

- Do not touch, rub, or scratch the waxed area.
- Avoid makeup on the waxed area when possible, especially for the first few hours.
- Avoid strenuous exercise or activities that cause excessive sweating.
- Avoid direct sun exposure and tanning. In addition, avoid intense heat such as saunas, hot tubs, and hot showers.
- Do not use exfoliating products, scrubs, retinoids, and acids such as glycolic or salicylic acid until the skin is back to baseline.
- It is best to put off using products containing fragrance, alcohol, or other potential irritants.
- Gently cleanse the area with a mild, fragrance-free cleanser.
- Apply a gentle, soothing moisturizer to help maintain the skin barrier.
- If needed, a cool compress can help soothe temporary redness or sensitivity.

After 24–48 Hours

- Resume your normal skincare routine gradually as your skin tolerates it.
- Gentle exfoliation may be resumed after 48 hours.
- Continue using SPF daily. We recommend our Elta MD sunscreens, which can be purchased in office or on www.lacheleshop.com

If you experience prolonged, severe irritation, swelling, blistering, or any unusual reaction, contact our office at the provided information below.

For best results, avoid shaving between appointments and allow the hair to grow to the appropriate length for your next waxing service.

If you have any questions or concerns, please call our offices at (855) 522-4353 and follow the prompt for your desired location. During off hours, call Dr. Espinoza's cell at (908) 303-5694. You can also email us at team@lachele.com